

ALTERNATE HALFTIME DEVOTIONS & ACTIVITIES

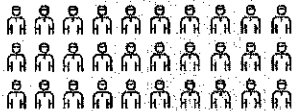
UPWARD
SPORTS

GAME: The Whistle Game

THEMES:

Stress, Worship & Listening to God

PARTICIPANTS: 30



SUPPLIES: One Whistle 

INSTRUCTIONS:

This game works best with a lot of people so invite 30 or more folks to join you on the floor. Go for adults but include children as well.

The game is simple. The leader blows the whistle a certain number of times. The players must get in groups of that number.

Blow the whistle and let the players group up. Once everyone is settled, repeat but blow the whistle a different number of times. Play one or two more times; then send everyone back to their seats.

DEVOTION:

Be still, and know that I am God! I will be honored by every nation. I will be honored throughout the world. Psalm 46:10

Whistles play an important role in sports. The referee uses the whistle to get our attention. When a whistle blows, everything stops, and we look to the referee.

Sometimes, the game action is so loud that it can be hard to hear the whistle. In an Upward Sports league, where two games are often being played at the same time, things can really get confusing.

Life can be like that. Life can be so noisy and chaotic that we miss hearing something important like God's voice.

Psalm 46:10 says: "Be still and know that I am God."

Silence can be one of life's greatest teachers. So, turn off the TV. Walk away from the computer. Set your phone down. Take time to be quiet. The next voice you hear just might be God's.

PRAYER:

- Pray for the discipline to "be silent" so we can focus on God.
- Thank Him for the gifts He gives us.
- Ask Him for help in the chaos of life to not be overwhelmed.